



# Ellingham CE Primary School **Friday Flyer**

**23.01.26**

## **Executive Head Teacher Update**

Dear Parents and Carers,

It has been another exciting week and I have enjoyed spending time in Early Years and Y1/2, seeing the engaged, creative learning and excellent behaviour of our children.

I was delighted that we were successful in obtaining 'Rechrg.net' sponsorship, meaning our school could get electric vehicle chargers (EVCs) for free, via a government scheme. Thank you for putting-up with the disruption during their installation. We are very grateful that Ellingham Estate has supported this project, as we lease our car park land from them.

This project is one of our Climate Action Plan objectives, as having accessible EV charging shows our commitment to achieving net-zero carbon emissions. Having the chargers will also generate additional revenue that can be reinvested into further green projects. Once in use, the EVCs will be available to both staff, visitors and, at evenings and weekends, to the public.

Get those goggles ready! We are pleased to announce that swimming lessons will resume after the February half-term. This term, the lessons are for pupils in Years 3 and 4. In a wonderful opportunity for socialising and building friendships, our pupils will be sharing their lesson slot alongside Year 3, 4 and 5 pupils from Embleton School. Travelling together will also reduce our carbon footprint and costs.

Best wishes,

Diane Lakey



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### Attendance

Class	Weekly attendance	Annual attendance
Splash	100	96.9
Space Base	95	95.3
Earth Works	68.6	88.7
Time Zone	82.2	91

**Did you know?** Each pupil has 175 non-school days a year to spend however they like. The table below shows the significant impact of absence over time.

Days of school add up to lost learning						
Days in school	190	186	180	175	171	170
Percentage attendance	100%	98%	95%	92%	90%	<90%
	Excellent	Excellent	Good	Caution	Cause for concern	Serious concern

**Absence Procedures** If your child is ill, please keep them at home until they are well enough to return to school. Please notify us by phone call or email before 9.15am if your child is to be absent, and continue to inform us on a daily basis if they continue to be ill.

We have a continual focus on attendance and punctuality and this is of the utmost importance in your child's education. Please remember that our school gate closes at 8.55am as this is when our lessons begin. Anyone arriving after this time is classed as late and will miss valuable learning opportunities which take place immediately after registration, such as phonics.

### What are the risks of missing a day of school?

'Being in school is important to your child's achievement, wellbeing and wider development. Pupils with the highest attendance throughout their time in school gain the best GCSE results. The higher a pupil's attendance, the more they are likely to learn, and the better they are likely to perform in exams and formal assessments.' The Education Hub - Department for Education



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### Splash Class

In Splash this week, we have been super busy following our bears around the world. This week, we had a koala bear from Australia. We made damper bread, and enjoyed looking at the globe to find Australia. It was amazing to learn about time zones and to know that we go to bed just as Australian children are waking up! We also looked at maps, and made a big map of our school and surrounding areas. Everyone took part and we covered a huge piece of paper with our beautiful drawings.

The weather was perfect this week for a wet welly walk and we enjoyed the big puddles made by the heavy rain. We were all very wet, but showed great resilience finding our dry clothes and changing into them. We enjoyed a hot chocolate to warm us up afterwards. We have also been bird watching and have experimented with water and bubbles in our messy tray.







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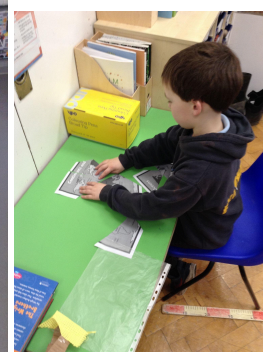
### Space Base Class

This week, the children have been writing adventure stories based on *Taking Flight*. They have come up with very creative ideas, including some great descriptive writing.

In PE, we have been focusing on teamwork and the importance of everybody taking part, rather than just one person leading.

In History, we have continued our work on the history of aeroplanes. The children have been looking at different sources to help them understand the important contributions people have made over the years, helping aeroplanes become what they are today.

In Geography, we have been learning about the different continents. The children have been singing a song to help remember them.





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## Key Stage Two Time Zone and Earth Works

Time Zone have had a busy week – they've been working hard on tests every day. We've been very impressed with their resilience in sticking with it and keeping on going, even though some of the questions were very difficult.

Time Zone and Earth Works have all been working on free verse poetry – both reading a variety of poems and writing their own. We've read poems about school, about rain, a magic eye and even cats with flavoured fur (yes, really!)

We've begun experimenting with a new type of computer – one that doesn't even need any electricity – a mechanical computer. It's powered by marbles and does all its calculations as the marbles fall down and flip switches from side to side. It's not quite as fast or powerful as our laptops, but the children are getting an insight into what goes on inside.



We've also been learning chords on the glockenspiels – to make each one we have to hit three notes at the same time. Next week, we'll be adding them to our performance of the song, Showsholoza.







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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about ALLERGIES & ANAPHYLAXIS

An allergy is an overreaction of the immune system to a food or substance that's usually harmless. Symptoms can be mild, but for some people they can be very serious. This is known as anaphylaxis.

**HOW TO SAY ANAPHYLAXIS: ANA-FIL-AX-IS**

### ALLERGIES AND ANAPHYLAXIS

- Mild allergy symptoms are treated with antihistamines.
- Anaphylaxis is treated with adrenaline, which is administered via an auto-injector into the outer upper thigh.
- Anaphylaxis is a medical emergency and a threat to life.



### ANAPHYLAXIS SYMPTOMS

#### AIRWAY

Symptoms include swelling in the throat, tongue or upper airways; tightening of the throat; a hoarse voice; and difficulty swallowing.



#### BREATHING

Symptoms include persistent cough; sudden onset of wheezing; breathing difficulty; and noisy breathing.



#### CIRCULATION

Symptoms include pale and clammy skin; dizziness; feeling faint; sudden sleepiness; tiredness; confusion; and loss of consciousness.



In extreme cases of anaphylaxis, there could be a dramatic fall in the patient's blood pressure. The patient may become weak and floppy, and have a sense of something terrible happening. Any of the ABC symptoms listed above may lead to collapse and unconsciousness and, on rare occasions, be fatal.

### WHAT ADRENALINE DOES

Adrenaline reduces swelling, opens the patient's airways and raises their blood pressure. Patients must go to hospital for monitoring, as the reaction could return.



TWO DOSES:  
0.15 mg or 0.3 mg

### TOP 14 FOOD ALLERGENS:

(However, be aware people can be allergic to anything.)



CELERY



FISH



CRUSTACEANS



EGGS



MILK



SOYA



LUPIN



CEREALS



TREE NUTS



SESAME



MUSTARD



MOLLUSCS



PEANUTS



SULPHITES

### NON-FOOD ALLERGENS:



POLLEN



PET HAIR/DANDER



INSECT VENOM



MEDICATION/DRUGS

### LINKS TO FURTHER RESOURCES - Scan the QR codes to find out more



AllergyWise®



EpiPen



Jext



ADRENALINE  
AND A&Is

### Meet Our Expert

Anaphylaxis UK is the only UK-wide charity operating solely for the growing numbers of people at risk of serious allergic reactions and anaphylaxis. While there's no treatment or cure for anaphylaxis, we believe that by providing information, training and support, there's a brighter future for people living with serious allergies.



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### Dates for your Diary

<b>Tuesday 10th February</b>	KS2 Dye Workshop led by Duchess' Community High
<b>Monday 16th - Friday 20th February</b>	Half-term holiday
<b>Monday 23rd February</b>	<b>Teacher Training Day- school closed to pupils</b>
<b>Monday 16th March</b>	Easter RE project for KS1 and Reception
<b>Friday 27th March</b>	Interactive Science at Alnwick Playhouse for KS2
<b>Wednesday 1st April</b>	Billy Goats Gruff at Alnwick Playhouse for Nursery - Y2

Please remember, Breakfast club is available from 8.15am if anyone needs to drop off a child earlier. Please book in advance if possible. £2.50 includes cereal or toast.



### Stars of the week

#### Names:

**Splash:** Wilf for being kind and helpful. Robin for being very grown up coming to school.

**Space Base:** Etta for taking pride in her hand writing and showing great improvement.

**Earth Works:** Harry for great rock detective work.

**Time Zone:** Ella for showing endurance all week, working very hard on difficult tests despite feeling ill.